



Lesson on EMPATHY for use with 1, 2, 3, JUMP!
written by Lisl H. Detlefsen, illustrated by Madeline Valentine
from Roaring Brook Press/Macmillan

For more materials or information, visit
www.lisldbooks.com

Instructions for use: This activity was designed with the help of educators to be compatible with a variety of learning standards and for an easy “grab-and-go” lesson that works well in the physical OR virtual classroom with few extra materials required. This can also easily be used as a substitute lesson, library activity, or before or after school program.

This SEL (Social Emotional Learning) lesson focuses on reading comprehension and develops positive self-identity, self-management skills, social awareness, empathy and resiliency.

These writing prompts were designed for use with grades 2-4 as a group or individual activity. After reading 1, 2, 3, JUMP!, read or distribute the questions on page 2. A guide with sample answers is included on page 3.

Ways to further expand the learning:

- Ask students to draw, write about, or discuss a time they felt afraid to try a new activity.
- As a class or in small groups, discuss strategies for how to handle and conquer fears.
- Help students define and discuss the word “empathy.” What does it mean to show empathy to others?

EMPATHY

1. How did the main character feel about the water at the beginning of the book?
2. How did the main character feel about the water at the end of the book?
3. How did the narrator help the main character as the book went on?
4. Tell about a time that you were afraid to do something.
5. Did someone help you through your afraid time? Who was that person?
6. Have you ever been with a person that was afraid? Did you help that person? What did you do?
7. If you haven't been in a situation like that, imagine what you could do or say to help the person who is feeling afraid.

EMPATHY ANSWER GUIDE

1. How did the main character feel about the water at the beginning of the book?

Answers may include worried, sad, scared, anxious, etc.

2. How did the main character feel about the water at the end of the book?

Answers may include they felt better, they loved the water, they liked swimming, etc.

3. How did the narrator help the main character as the book went on?

Answers may include answered questions, broke the problem down into steps, was gentle and encouraging, etc.

4. Tell about a time that you were afraid to do something.

Answers will vary.

5. Did someone help you through your afraid time? Who was that person?

Answers will vary.

6. Have you ever been with a person that was afraid? Did you help that person? What did you do?

Answers will vary.

7. If you haven't been in a situation like that, imagine what you could do or say to help the person who is feeling afraid.

Answers will vary.